



Fee Schedule

Effective From: 1 June 2026

Servicing the Orange, Bathurst and Blayney areas.

Tuesday – Friday 08:30am to 5:30pm

Counselling & Capacity Building

Support Areas May Include:

- Confidence and resilience building
- Grief & Loss
- Stress reduction
- Adjustment to life changes

Service	Delivery Method	Fee
Counselling / Capacity Building	In Person	\$90 per hour
Counselling / Capacity Building	Online	\$70 per hour

In-person bookings are conducted at the client's home or at a mutually agreed private location.

Minimum Booking Requirements

- Minimum booking: 3 x 1-hour sessions

Focused Social Support

- Emotional wellbeing support
- Therapeutic support and reflective conversation

Service	Delivery Method	Fee
Focused Social Support	In Person	\$80 per hour
Focused Social Support	Online or Phone	\$60 per hour

Online / Phone Check-Ins

- 30-minute check-ins available for online or phone support only

Focused Social Support Activities

- "Cuppa & Chat" informal connection sessions
- "Walk & Talk" movement-based support
- Light gardening and companionship
- Life story documentation (must be cognitively capable) - Minimum booking: 6 x 1-hour sessions

- Photo sorting and reminiscing

Social Support and Counselling ABN:41861025641 Ph: 0484547048

- Creative engagement activities
- Activity and connection support

Domestic Assistance

Service	Fee
Domestic Assistance (DA)	\$80 per hour
Meal Preparation	\$80 per hour

May include light household support and assistance.

Community Access

Service	Fee
Community Access Support	\$80 per hour

May include support attending appointments, shopping, social outings and community participation.

Travel Fees

Item	Fee
Travel During Service Delivery	\$1.00 per kilometre

Additional Information

- Services are provided by appointment only.
- A minimum of 24 hours' notice is required for cancellations, otherwise full session fees will apply.
- Standard bookings are a minimum of 1 hour, with 30-minute online or phone check-ins available as an exception.
- All booked time is chargeable, regardless of whether the session ends early.
- Fees are subject to review and may change with notice.

Social Support and Counselling ABN:41861025641 Ph: 0484547048